



## Meet Package

### Indianapolis 2019 World Para Swimming World Series





## 1. WELCOME

U.S. Paralympics Swimming would like to invite all federations and clubs to participate in the Indianapolis 2019 World Para Swimming World Series April 4-6, 2019. Please feel free to reach out to Erin Popovich or Queenie Nichols so we can make this a successful event for you and your swimmers.

## 2. GENERAL INFORMATION

### 2.1. Dates & General Information

- Entry Deadline (for athletes not undergoing classification): March 1, 2019
- Classification Deadline: all athletes undergoing classification should be entered by February 8, 2019
- Training Dates/Times: April 1-3, 2019
- Classification Dates: April 1-3, 2019
  
- Meet Registration Dates/Times:

Tuesday, April 2	9:00am – 11:00am
	2:00pm – 4:00pm
Wednesday, April 3	9:00am – 11:00am
	2:00pm – 4:00pm
- Competition Dates: Thursday, April 4 – Saturday, April 6, 2019
- Meet Management: Erin Popovich - [Erin.Popovich@usoc.org](mailto:Erin.Popovich@usoc.org)  
Queenie Nichols – [Queenie.Nichols@usoc.org](mailto:Queenie.Nichols@usoc.org)
- Facility Contact: Ed Merkling – [emerklin@iupui.edu](mailto:emerklin@iupui.edu)
- U.S. Paralympics Official Chairman: Mark Rieniets – [rieniets@gmail.com](mailto:rieniets@gmail.com)
- World Para Swimming Technical Delegate: Sheila Guenther
- World Para Swimming Classification: Jovana Zrnzevic – [Jovana.Zrnzevic@WorldParaSwimming.org](mailto:Jovana.Zrnzevic@WorldParaSwimming.org)
- World Para Swimming Contact: Nyasha Mharakurwa-  
[Nyasha.Mharakurwa@WorldParaSwimming.org](mailto:Nyasha.Mharakurwa@WorldParaSwimming.org)

### 2.2. Venue Overview

- The IU Natatorium is a 220,000-square-foot facility with an eight-lane, 50-meter competition pool, a six-lane, 50-meter teaching and training pool and a world-class diving well.
- It's the largest, permanent swimming competition facility in the United States.
- For a virtual tour, see <https://www.iunat.iupui.edu/pages/tour.asp>.

### 2.3. Traveling to Indianapolis:

Indianapolis International Airport (IND): 18 miles from the IUPUI Campus  
Chicago International Airport (ORD): 199 miles from the IUPUI Campus

#### 2.4. Visas:

Should visas be required, please contact Erin Popovich ([Erin.Popovich@usoc.org](mailto:Erin.Popovich@usoc.org)) or Queenie Nichols ([Queenie.Nichols@usoc.org](mailto:Queenie.Nichols@usoc.org)) with the Paralympic Division of the United States Olympic Committee (“USOC”) for a letter of support.

#### 2.5. Transport:

All individuals and teams are responsible for their own transportation to and from the airport and in and around Indianapolis. Below are several companies that are available in Indianapolis but this not an exclusive list.

- Need-a-Lift <http://www.needaliftin.com/home/4585789306>
- Indianapolis Yellow Cab <http://ycindy.com/services.html#ada-wheelchair-accessible-taxi>
  - Available 24/7, Contact Jeffrey Weber at 317-487-7777 to schedule daily trips.

#### 2.6. Accommodation:

All individuals and teams are responsible for their own accommodation. U.S. Paralympics Swimming will **not** be responsible for travel, meals, or housing arrangements for teams or individuals. There are many hotels and restaurants near the venue. Visit Indy (VisitIndy.com) has set up room blocks at a variety of hotels for the convenience of athletes and teams. Connect through the following link: [Visit Indy](#). Visit Indy can also provide assistance on travel in and around Indianapolis.

#### 2.7. Competition Fee:

- All swimmers will be charged a \$150 USD fee to enter the meet, regardless of the number of events they choose to enter.
- Athletes withdrawing due to medical reasons will receive a full refund
- All team staff (i.e. coaches, medical staff, managers, etc.) will be charged a \$50 USD fee per credential.

##### Invoicing

- To receive an invoice for Athlete and Staff entries, please email Erin Popovich at [Erin.Popovich@usoc.org](mailto:Erin.Popovich@usoc.org) with the following:
  - Official Delegation/National Federation/NPC name
  - Billing address
  - Email address
  - Number of Athletes and Staff entered
- Teams may also pay onsite.

### 3. SPORT ENTRIES

#### 3.1. Entries

**Online Entry System (for non-USA athletes/teams):** Log into SDMS and navigate to the entries page.

**Entry Open From:** January 18, 2019

**Entry Close:** March 1, 2019

- Entries will only be accepted through the online entry system. For NPCs and other National Federations, please use the link above to complete your entries.
- Entries will be submitted by NPCs only.

#### U.S. Athletes

Athletes from the United States wishing to enter must contact Erin Popovich ([Erin.Popovich@usoc.org](mailto:Erin.Popovich@usoc.org)) or Queenie Nichols ([Queenie.Nichols@usoc.org](mailto:Queenie.Nichols@usoc.org)) for information about entering the meet.

- Entry times must be submitted in the course swum (LCM, SCM, SCY) and will be converted by meet management for seeding purposes.
- For U.S. athletes, proof-of-time is required with entry submission. It is the responsibility of the club to prove any entry times if requested. Any club not able to prove an entry time when challenged will be fined \$100.00.

**Late entries may be accepted at the discretion of U.S. Paralympics Swimming and World Para Swimming but will be assessed a late fee of \$100 in addition to the entry fee. Athletes entered after the entry deadline will not receive a slot on the classification schedule.**

#### 3.2. Competition Format and Schedule:

- Finals will be seeded by sport class.
- Finals will be straight seeded for prelims and finals
- A swimmer must be internationally classified to advance to finals.
  - Athletes with National team classification will only be allowed to swim in preliminary events and not finals.
- A swimmer must place in the top eight (8) in their sport class during preliminaries to advance to the final.
- Events that are not on the eligible event list for the Paralympic Games Tokyo 2020 will be conducted during the preliminary sessions only. The eligible event list can be found in the World Para Swimming Rules and Regulations (WPS Rule 10.4).
- Only medical withdrawals will be accepted as per WPS Rule 6.3.4.

<b>Day 1, Thursday, April 4, 2019</b> Preliminary Session Warm-up: 7:30am      Start: 9:00am	<b>Day 1, Thursday, April 4, 2019</b> Finals Session Warm-up: 3:30pm      Start: 5:00pm
Women's 100m Freestyle - #1 (S1-S14)	Women's 100 m Freestyle - #1 (W-S3, S5, S7, S9 - S12)
Men's 100m Freestyle - #2 (S1-S14)	Men's 100m Freestyle - #2 (M-S4-S6, S8, S10, S12)
Women's 100m Backstroke - #3 (S1-S2, S6-S14)	Women's 100m Backstroke - #3 (S2, S6 - S14)
Men's 100m Backstroke - #4 (S1-S2, S6-S14)	Men's 100m Backstroke - #4 (S1-S2, S6-S14)
Women's 200m Freestyle - #5 (S1-S5, S14)	Women's 200m Freestyle - #5 (S5, S14)
Men's 200m Freestyle - #6 (S1 - S5, S14)	Men's 200m Freestyle - #6 (S2 - S5, S14)
	Women's 4 X 100m Medley 34pt Relay - #7 Men's 4 X 100m Medley 34pt Relay - #8  Mixed 4 X 100m VI Free Relay - #9

<b>Day 2, Friday, April 5, 2019</b> Preliminary Session Warm-up: 7:30am      Start: 9:00am	<b>Day 2, Friday, April 5, 2019</b> Finals Session Warm-up: 3:30pm      Start: 5:00pm
Women's 50m Breaststroke - #10 (SB1-SB3)	Women's 50m Breaststroke - #10 (SB3)
Men's 50m Breaststroke - #11 (SB1-SB3)	Men's 50m Breaststroke - #11 (SB2-SB3)
Women's 100m Breaststroke - #12 (SB4-SB9, SB11-SB14)	Women's 100m Breaststroke - #12 (SB4-SB9, SB11-SB14)
Men's 100m Breaststroke - #13 (SB4-SB9, SB11-SB14)	Men's 100m Breaststroke - #13 (SB4-SB9, SB11-SB14)
Women's 400m Freestyle - #14 (S6 -S14)	Women's 400m Freestyle - #14 (S6 -S11, S13)

Men's 400m Freestyle - #15 (S6 -S14)	Men's 400m Freestyle - #15 (S6 -S11, S13)
Women's 50m Freestyle - #16 (S1- S13)	Women's 50m Freestyle - #16 (S4, S6, S8, S10, S11, S13)
Men's 50m Freestyle - #17 (S1- S13)	Men's 50m Freestyle - #17 (S3- S5, S7, S9-S11, S13)
	Mixed 4 X 50m 20pt Free Relay - #18  Mixed 4 X 100m S14 Free Relay - #19

<b>Day 3, Saturday, April 6, 2019</b> Preliminary Session Warm-up: 7:30am      Start: 9:00am	<b>Day 3, Saturday, April 6, 2019</b> Finals Session Warm-up: 3:30pm      Start: 5:00pm
Women's 150m IM - #20 (SM1- SM4)	Women's 150m IM - #20 (SM4)
Men's 150m IM - #21 (SM1- SM4)	Men's 150m IM - #21 (SM3- SM4)
Women's 200m IM - #22 (SM5- SM14)	Women's 200m IM - #22 (SM5-SM10, SM11, SM13-SM14)
Men's 200m IM Events - #23 (SM5- SM14)	Men's 200m IM Events - #23 (SM6-SM10, SM11, SM13-SM14)
Women's 50m Backstroke - #24 (S1 - S5)	Women's 50m Backstroke - #24 (S2 - S5)
Men's 50m Backstroke - #25 (S1- S5)	Men's 50m Backstroke - #25 (S1- S5)
Women's 50m Butterfly -#26 (S1-S7)	Women's 50m Butterfly -#26 (S5-S7)
Men's 50m Butterfly - #27 (S1-S7)	Men's 50m Butterfly - #27 (S5-S7)
Women's 100m Butterfly -#28 (S8-S14)	Women's 100m Butterfly -#28 (S8-S10, S13-S14)
Men's 50m Butterfly - #29 (S8-S14)	Men's 50m Butterfly - #29 (S8-S14)
	Women's 4 X 100m Free 34pt Relay - #30

	Men's 4 X 100m Free 34pt Relay - #31
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### 3.3. Swimmers Eligibility

International Swimmers must:

- hold an active World Para Swimming license for the 2019 Season
- have an International Classification or be scheduled for International Classification at this competition. Information can be found at <https://www.paralympic.org/swimming/classification>
- have achieved a Minimum Qualification Standard (MQS) at a World Para Swimming Recognised 50m Competition for an event on the programme between January 1, 2018 and March 1, 2019 (times are only recognised if the athlete was already licensed at the time of the achievement or has a recognised split time World/Regional record in the same length & stroke, that is included in the rankings).
- Athletes must have an MQS in an event on the programme for the 2020 Tokyo Paralympic Games in order to swim in the preliminaries of that event.

U.S. Swimmers must:

- have a national classification
- have achieved a Minimum Qualification Standard (MQS) at a World Para Swimming Recognised 50m Competition for an event on the programme between January 1, 2018 and March 1, 2019 (times are only recognised if the athlete was already licensed at the time of the achievement or has a recognised split time World/Regional record in the same length & stroke, that is included in the rankings).
- Athletes must have an MQS in an event on the programme for the Paralympic Games Tokyo 2020 in order to swim in the preliminaries of that event.

### 3.4. MQS

Swimmers must have at least two Minimum Qualifying Standard (MQS) in Paralympic Games Tokyo 2020 events. These standards can be found at the end of this document.

- Once a swimmer has two or more MQS, a swimmer may swim additional events based on the program below if they have an MQS.
- All times swum from January 1, 2018, through the published entry deadline will be eligible for entry.
- Swimmers may enter a maximum of seven (7) events for the competition.
- Swimmers who have met less than five (5) qualifying standards for the competition may enter bonus events as follows:
  - 2 Qualifying Times = 2 Bonus Events
  - 3 Qualifying Times = 2 Bonus Events
  - 4 or more Qualifying Times = 1 Bonus Event
- If an athlete is on the schedule for international classification at the competition and has two MQS, that athlete's Bonus Events will include those events required for classification.

- Relays will be swum at the end of finals as per the event schedule. NPCs, please make sure to submit through the entry system.
- No deck entries will be accepted.

### **3.5. Wild Card Entry**

New athletes can enter without an MQS for classification purposes. The LOC/World Para Swimming can give Wild Cards for other athletes upon request. Contact World Para Swimming prior to March 1, 2019 for questions on Wild Cards.

### **3.6. Event Viability Criteria**

All events will be considered viable. In the exceptional case where only three (3) or fewer athletes compete in an event medals will be awarded following the “minus one rule” This means if an event has only three (3) athletes competing in it, two (2) medals will be awarded. (WPS Rule – 10.14.1)

- For relays, there must be four (4) teams entered in order to run the event.
- All events in prelims and finals will be viable even if there is one (1) swimmer in the sport class.

### **3.7. Rules & Regulations**

For all World Para Swimming World Series events, the current World Para Swimming Rules and Regulations apply. They can be found on the World Para Swimming website (see Swimming – Rules & Regulations – Rules).

- The following amendments to the World Para Swimming Rules and Regulations will apply for this competition:
  - U.S. Paralympics Swimming in consultation with WPS shall have jurisdiction over all matters not assigned by the rules to the referee, judges or other officials and shall have power to postpone events and give directions consistent with rules adopted for conducting any event.
- Fines and Protests Fees will be accepted in U.S. Dollars. The fees are as follows:
  - Re-Entry back into the meet for a missed event will be \$50.00.
  - Protest of a Technical Disqualification during competition will be \$50.00
  - Appeal of a Protest Decision will be \$100.00.
- Athletes must check into the call room no later than 15 minutes prior to the time of their event listed on the start list.

## **4. COMPETITION INFORMATION**

### **4.1. Competition Venue**

The IU Natatorium is located on the campus of IUPUI in downtown Indianapolis at 901 West New York Street, Indianapolis, IN 46202, and was completed in 1982 at a cost of \$21.5 million. The IU Natatorium has three pools (competition pool, instructional pool, and diving well) which combined hold over 2.1 million gallons of water. The main competition pool has been proclaimed



one of the fastest pools in the world, with 136 American and 18 World records having been broken here.

Athletes from around the world have competed at the IU Natatorium, which is also open daily for lap swimming, instructional programs, and camps. The diving well boasts eight diving boards and five platforms. The US Olympic Team Trials-Swimming were held here in 1984, 1992, 1996 and 2000. The names of all the team members who have qualified for an Olympic Team here are inscribed on the south wall of the Natatorium.

#### **4.2. Training**

All training will take place at the IU Natatorium.

- Monday, April 1 8:00am – 5:00pm
- Tuesday, April 2 8:00am – 5:00pm
- Wednesday, April 3 8:00am – 5:00pm

#### **4.3. Technical Meeting**

The technical meeting for all coaches/team managers will be held at **5:00pm on Wednesday, April 3 at the IU Natatorium**. Information will be provided by email in advance of the meeting. Any questions will be answered during the meeting. Information from the meeting will be posted after the technical meeting on [www.usparalympics.org/swimming](http://www.usparalympics.org/swimming)

#### **4.4. Warm-up & Swim-down**

The diving well will be available for warm-up and swim-down during the competition.

#### **4.5. Ice Baths, Massage Tables, Race analysis**

- Ice baths will not be allowed. The IU Natatorium has a large cold tub as part of the facility that can be used by teams.
- Massage tables and massage services will not be provided. For those countries/teams bringing massage tables, please inform Erin Popovich or Queenie Nichols so spaces can be assigned. Countries wishing to do video-taping must contact either Erin Popovich ([Erin.Popovich@usoc.org](mailto:Erin.Popovich@usoc.org)) or Queenie Nichols ([Queenie.Nichols@usoc.org](mailto:Queenie.Nichols@usoc.org)).

#### **4.6. Changing Rooms**

Changing rooms for each gender are provided and are wheelchair assessable. There are several family changing rooms that are also available.

#### **4.7. Call Rooms & Competition**

There are two (2) call rooms:

- The 100m call room will be located at the timing side of the pool opposite the diving well
- The 50m and 150m call room will be located on the timing side of the pool near the training pool.

It is the responsibility of the athletes to report to the Call Room no later than 15 minutes prior to the scheduled start of their event. Regulations outlined in the World Para Swimming Rules and Regulations concerning swimwear will apply; swimwear (caps, goggles and swimsuits) must be from the approved list and might be checked in the call room. Athletes will be escorted from the Call Room onto the pool deck.

#### **4.8. Sport Information Desk (SID)**

A Sport Information Desk will operate at the competition venue on the days of competition, as well as during any scheduled training sessions. During training, the SID will be located upstairs in the hallway by the large viewing area. During competition, the SID will be near the announcers stand. It is the primary and only point of distribution for all event related information including the following:

- Distribution of start lists for the NPCs;
- Official communication with teams;
- Official forms distribution (Relay Entry form, Protest form, Medical withdrawal form);
- Liaison between teams and World Para Swimming.

#### **4.10. Athletes & Team Officials Seating**

Team seating will be along the timing side of the pool and on the opposite side within the designated area. Signage will be posted.

#### **4.11. Accreditation:**

##### **Accreditation Deadline: March 8, 2019**

**World Para Swimming Accreditation System:** <https://db.ipc-services.org/accreditation>

Each country must register their athletes and staff through the World Para Swimming accreditation system. Each country will receive an invoice from U.S. Paralympics Swimming after all entries have been submitted and athlete and staff accreditations have been requested. If a visa is required, invoices must be paid before a visa letter is sent. If no visa is required, invoices must be paid before competition begins in order to swim. For those countries paying on arrival to Indianapolis, please let Erin Popovich ([Erin.Popovich@usoc.org](mailto:Erin.Popovich@usoc.org)) or Queenie Nichols ([Queenie.Nichols@usoc.org](mailto:Queenie.Nichols@usoc.org)) know in advance.

- Support staff may include physiologists, chiropractors, doctors, massage therapists, bio mechanists, psychologists, physiotherapists, attendant care personnel or team managers/chaperones.
- Swimmers and support staff will be provided with an accreditation card for deck access.
- Accreditation must be displayed at all times. Access to the pool will be through the locker rooms and past the main security checkpoint.
- Lost accreditation will be replaced at a cost of \$50.00 per accreditation.

**Note:**

*The Deck Accreditation Card remains the property of U.S. Paralympics Swimming and can be withdrawn, with immediate effect, at U.S. Paralympics Swimming's sole discretion. Please be advised that deck accreditations should not be provided to children, youth or adults that are not participants in the competition, either as an athlete, coach, support staff or volunteer/official. Insurance and risk management do not extend to non-supervised minors or individuals that are age of majority that are not part of the competition either as a participant, coach, support staff or event volunteer/official.*

#### 4.12. Classification

This competition offers international classification for the following impairment types and be conducted at the IU Natatorium:

- Physical Impairment (PI):    Monday, April 1                      9:00am – 5:00pm  
    Tuesday, April 1                      9:00am – 5:00pm  
    Wednesday, April 1                      9:00am – 5:00pm
- Intellectual Impairment (II): Monday, April 1                      9:00am – 5:00pm  
    Tuesday, April 1                      9:00am – 5:00pm  
    Wednesday, April 1                      9:00am – 5:00pm

At competitions where classification is offered, World Para Swimming will schedule athletes with a New or Review status pursuant with the below regulations. Preference will be given to NPCs who submitted their prioritised classification requests for the 2019 season by the announced deadline.

An athlete will only be permitted to undergo International Classification if he or she:

- Is licensed with World Para Swimming pursuant to the relevant provisions in the World Para Swimming Rules and Regulations;
- Has been entered into the competition by the entry deadline;
- Has submitted Medical Diagnostics information (Medical Diagnostic Form and supporting documents) to the Sport Data Management System (SDMS) by the final entry deadline

Depending on the athlete's health condition and impairment, additional medical diagnostic information may be requested at any time (as per article 7.6 of the World Para Swimming Classification Rules and Regulations, January 2018). If an athlete fails to produce sufficient medical documentation and the classification panel considers that the absence of such medical documentation will affect its ability to conduct Athlete Evaluation in a fair manner, classification will be suspended as per article 30 of the World Para Swimming Classification Rules and Regulations (January 2018).

#### Note on Athletes with an Intellectual Impairment (II)

Athletes with Intellectual impairment are not required to submit a Medical Diagnostic Form to SDMS. However, prior to Athlete Evaluation, an Athlete must comply with the following criteria:

- Inclusion on the INAS Classification Master list
- Completion of the Training History and Sport Limitation Questionnaire (TSAL-Q) no older than 12 months.

Where a classification schedule is full:

- World Para Swimming will prioritise athletes based on the priority lists submitted by the National Paralympic Committees;
- World Para Swimming will have a discretion to distribute the number of classification slots per National Paralympic Committee
- World Para Swimming will prioritise licensed athletes over registered athletes, and athletes with Sport Class Status New may take priority over those with a Review Sport Class Status

If an Athlete is required to attend Athlete Evaluation, they must arrive at the competition prior to the start of the classification period. World Para Swimming will schedule athletes in accordance with the classification period and not arrival dates of athletes. World Para Swimming WILL NOT accommodate any request to change any athlete's classification times.

If an athlete fails to attend Athlete Evaluation at the scheduled time, the athlete may not be permitted to compete at the relevant Competition.

If an athlete is classified Non-eligible (NE) or is designated Classification Not Complete (CNC) they will not be able to compete at the relevant Competition.

Athletes should take note of the Athlete Evaluation Requirements outlined in Article 2 and Part Four 4 of the World Para Swimming Classification Rules and Regulations. Failure to comply with these rules may lead to the suspension of Athlete Evaluation

### **Observation in Competition Assessment**

Athletes with a physical and intellectual impairment may be required to undergo observation in competition assessment (see article 14, Appendix One and Appendix Three of the World Para Swimming Classification Rules and Regulations).

Note that in case the athlete wishes to be classified in the S sport class, the athlete may require observation in competition following the physical and technical assessment for this class, and for the observation to be completed, the athlete must be entered and swim at least a 100m distance in any S event or must swim in a SM event. The same applies if the athlete wishes to be classified for the SB sport class, with the exception of SB 1-3 sport classes, where observation assessment can be conducted over a 50m distance event. Lastly, if the athlete only wishes to enter an SM event, the athlete may need to be observed for the SB class and this cannot be conducted during an SM event (except to SB 1-3 sport classes). This applies to both athletes with a physical and athletes with intellectual impairment. Please take this into consideration when entering the athletes into events.

For all further information about international classification please contact Jovana Zrnzevic at [Jovana.Zrnzevic@WorldParaSwimming.org](mailto:Jovana.Zrnzevic@WorldParaSwimming.org)

**For athletes from the United States who wish to be considered for a classification appointment, please contact Queenie Nichols at [Queenie.Nichols@usoc.org](mailto:Queenie.Nichols@usoc.org). U.S. Athletes will be put forward for international classification list based on fastest time off the National A Standard in a 2020 Tokyo event for their sport class.**

## **5. Victory Ceremonies**

- Points will be awarded to each swimmer in the finals of each sport class event. Athletes will be ranked by points using the World Para Swimming Points system.
- The top three (3) swimmers in each event according to the World Para Swimming Points System (<https://www.paralympic.org/swimming/world-series-2018/rankings>) will be awarded medals.
- Ceremonies will be included in the timeline for finals.

## **6. MEDICAL & ANTI-DOPING INFORMATION**

### **6.1. Anti-Doping**

The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement.

Drug Testing will be conducted by and will follow all U.S. Anti-Doping Agency (USADA) policies and procedures.

More information about banned substances and doping control can be found by visiting: [www.usada.org](http://www.usada.org). All athletes who compete in the Indianapolis 2018 World Para Swimming World Series are subject to drug testing. If athletes are notified for drug testing they must bring an ID with them and are allowed and strongly encouraged to have one representative to accompany them through the drug testing process.

<https://www.paralympic.org/swimming/rules-and-regulations/anti-doping>

### **6.2. Medical Services at the Venue**

Lifeguards will be on duty at all times during warm-up and competition and are trained to handle water emergencies and first aid assistance aid on the deck. Physician on-call services will be available.

### **6.3. Insurance**

Each NPC must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability, accidents and repatriation. All delegation members must have appropriate accident and health insurance accepted in order to compete. The LOC will provide only basic medical services in the venue.

No medical insurance will be provided to any of the participants. All participants are responsible for obtaining their own medical insurance (including Repatriation Coverage) and will be responsible for any medical expenses resulting from participation in the event.

**6.4. Medical Attention** (any important hints regarding host city/country)

**Local Hospitals**

IU Health University Hospital

University Hospital

550 University Blvd

Indianapolis, IN 46202

(317) 944-5000

IU Health Methodist Hospital

1701 N Senate Ave

Indianapolis, IN 46202

(317) 962-2000

Riley Hospital for Children at Indiana University Health

Children's Hospital

705 Riley Hospital Drive

Indianapolis, IN 46202

(317) 944-5000

IU Health

General Hospital

404 E. Washington St.

Indianapolis, IN 46204

(317) 963-2610



## Indianapolis 2019 World Para Swimming World Series MQS / WOMEN Long Course Meters

	S1 SB1 SM1	S2 SB2 SM2	S3 SB3 SM3	S4 SB4 SM4	S5 SB5 SM5	S6 SB6 SM6	S7 SB7 SM7	S8 SB8 SM8	S9 SB9 SM9	S10 SM10	S11 SB11 SM11	S12 SB12 SM12	S13 SB13 SM13	S14 SB14 SM14
50 Free	3:38.00	2:22.00	2:01.00	1:28.00	1:17.00	1:00.50	49.50	45.10	39.60	38.50	49.50	42.90	39.60	
100 Free	6:36.00	4:46.00	4:02.00	3:07.00	2:45.00	2:01.00	1:44.50	1:39.00	1:28.00	1:22.50	1:50.00	1:39.00	1:33.50	1:28.00
200 Free	12:52.00	8:35.00	7:40.00	6:39.00	5:30.00									3:06.00
400 Free						8:46.00	8:15.00	8:04.00	7:09.00	6:47.00	8:15.00	7:42.00	7:20.00	7:09.00
50 Back	3:18.00	2:23.00	2:12.00	1:39.00	1:28.00									
100 Back	6:46.00	4:56.00				2:23.00	2:12.00	2:01.00	1:50.00	1:39.00	2:12.00	2:01.00	1:50.00	1:50.00
50 Breast	3:51.00	2:56.00	2:12.00											
100 Breast				3:18.00	3:07.00	2:56.00	2:34.00	2:12.00	2:01.00		2:34.00	2:12.00	2:01.00	2:01.00
50 Fly	2:45.00	2:34.00	2:12.00	2:01.00	1:50.00	1:22.50	1:06.00							
100 Fly								2:12.00	2:01.00	1:50.00	2:12.00	2:01.00	1:50.00	2:01.00
150 IM	7:09.00	6:52.50	6:36.00	5:30.00										
200 IM					6:36.00	5:30.00	4:46.00	4:24.00	3:40.00	3:29.00	4:24.00	4:13.00	3:51.00	3:40.00

### World Para Swimming

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**Indianapolis 2019 World Para Swimming World Series MQS / MEN Long  
Course Meters**

	<b>S1 SB1 SM1</b>	<b>S2 SB2 SM2</b>	<b>S3 SB3 SM3</b>	<b>S4 SB4 SM4</b>	<b>S5 SB5 SM5</b>	<b>S6 SB6 SM6</b>	<b>S7 SB7 SM7</b>	<b>S8 SB8 SM8</b>	<b>S9 SB9 SM9</b>	<b>S10 SM10</b>	<b>S11 SB11 SM11</b>	<b>S12 SB12 SM12</b>	<b>S13 SB13 SM13</b>	<b>S14 SB14 SM14</b>
50 Free	2:56.00	1:50.00	1:28.00	1:17.00	1:00.50	49.50	39.60	38.50	35.20	34.10	44.00	38.50	35.20	
100 Free	5:30.00	3:51.00	3:18.00	2:45.00	2:12.00	1:44.50	1:33.50	1:28.00	1:17.00	1:12.60	1:28.00	1:22.50	1:17.00	1:17.00
200 Free	11:00.00	7:40.00	5:54.00	5:30.00	5:08.00									2:44.00
400 Free						7:42.00	7:20.00	7:09.00	6:36.00	6:25.00	7:42.00	6:58.00	6:39.00	6:36.00
50 Back	2:56.00	2:12.00	1:50.00	1:28.00	1:06.00									
100 Back	5:57.00	4:29.00				2:01.00	1:50.00	1:44.50	1:28.00	1:25.00	2:01.00	1:50.00	1:39.00	1:28.00
50 Breast	3:38.00	2:12.00	1:50.00											
100 Breast				2:34.00	2:28.50	2:23.00	2:12.00	1:50.00	1:34.60		2:12.00	1:50.00	1:39.00	1:34.60
50 Fly	2:12.00	2:01.00	1:39.00	1:28.00	1:17.00	1:00.50	49.50							39.00
100 Fly								1:44.50	1:28.00	1:22.00	1:50.00	1:33.50	1:28.00	1:28.00
150 IM	6:36.00	6:03.00	5:30.00	4:24.00										
200 IM					5:30.00	4:24.00	3:51.00	3:40.00	3:18.00	3:07.00	4:02.00	3:40.00	3:18.00	3:18.00